

Summer Camp: Important Information

What to bring / wear:

- A nutritious lunch and snacks (beverage / snack machines also available)
- Water bottle (Note: we are on a well – campers should bring their own drinking water)
- Riding helmet – all riders must wear a correctly fitting safety-approved riding helmet (ASTM or SEI). Helmets available for rent (\$25 per week)
- Boots with a defined heel (½” to 2”) and light tread. Boots must cover ankle or higher. (Inappropriate riding footwear includes runners, shoes, hiking boots with heavy tread)
- Other riding attire: breeches or comfortable long trousers, light gloves
- Sun hat, sun screen, insect repellent
- Comfortable clothes for lunch or day-end (shorts and runners – no sandals)
- Sweater or rainwear according to weather
- Any medications (must be labeled with instructions and noted in health form)

Health Form and Waiver

Fill out Health Information Form and Liability Waiver (can be found at www.foxcroftequesttrain.com). You can mail these ahead to Foxcroft (or campers may bring forms on their first day). **We must have the completed health form and waiver before the camper can participate in any horse-related or riding activities.**

Camp hours are from 9 am to 4 pm. Drop off before 8:30 am or pick up after 4:30 pm must be pre-arranged and involves a supervision fee of \$3 per 15 minutes per camper.

Each Friday we will have a **bar-b-q lunch and afternoon horse show!** Families and friends are welcome. The bar-b-q is complimentary for campers. Guests can purchase hot dogs from 12 – 1 pm.

The City of Hamilton restricts garbage disposal in our area. Campers should bring garbage-less lunches or plan to take lunch garbage home for re-cycling or disposal.